

Skills Competition Information

The girls will participate in the skills competition starting at 6:00pm, while the boys will have their food at that time. We will switch groups for 7:00pm.

Each team will designate players to participate in the various competitions. Each school may enter one team, and different players should be participating in the different events.

Event 1 Dribble Relay

Three participants per school

First player will dribble through the course, pass to next player and so on to the third. This is a timed event. Fastest overall time wins.

Event 2 Speed Shooting

Two participants per school

There will be 5 dots set up around the basket. The first player will shoot from the first dot; if the shot is made the second player will shoot from the second dot. If the shot is missed, the second player will shoot from the first dot and so on until the shot is made, then they will progress to the second dot. Fastest overall time wins.

Event 3 2 ball

Two participants per school

There will be 6 dots set up in varying distances. A shot from the closest dot will be worth 1 point, while a shot from the furthest dot will be worth 6 points. The two players will alternate shots, shooting from whatever dot they wish, for 1 minute and 30 seconds. The team with the highest point total wins.