



MHSAA Cross Country Provincial Championship Clothing



**ATHLETE
NAME:**

Gildan Pullover Hoodie - Adult/Unisex

Colour: Charcoal / Sizes Available: (circle your choice)

Small Medium Large XL

2XL 3XL

S - XL: \$40.00 / 2XL & 3XL: \$45.00



Russell Long Sleeve Shirt - Adult/Unisex

Colour: Oxford / Sizes Available: (circle your choice)

Small Medium Large XL 2XL 3XL

S - XL: \$30.00 / 2XL & 3XL: \$35.00



Russell Long Sleeve Shirt - Ladies

Colour: Oxford / Sizes Available: (circle your choice)

XS Small Medium Large XL 2XL

XS - XL: \$30.00 / 2XL: \$35.00

GRAND TOTAL: \$

ALL PRICES INCLUDE TAX

**SUBMIT YOUR ORDER TO YOUR COACH BY
SUNDAY, MAY 1, 2022**

GILDAN HOODIE SIZE CHART

GARMENT MEASUREMENTS								
Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest - <i>Half Measure</i>	20"	22"	24"	26"	28"	30"	32"	34"
Chest - <i>Full Measure</i>	40"	44"	48"	52"	56"	60"	64"	68"
Body Length from HPS	26"	27"	28"	29"	30"	31"	32"	33"
Sleeve Length-CB	33"	34"	35"	36"	37"	38"	39"	40"

ADULT General Sizing Guide								
Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-55"	56"-57"	58"-61"
Waist	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"	44"-47"	47"-50"	50"-53"
Sleeve Length-CB	32"-33 1/2"	34"-35"	35"-36"	36"-37"	37"-38"	38"-39"	38 1/2"-39"	39"-39 1/2"

Gildan hoodies have an average fit.

RUSSELL ATHLETIC TOP SIZING

ADULT / UNISEX

Size	Chest (inches)	Waist (inches)	Neck (inches)	Sleeve (inches)
S	34 - 36	28 - 30	14 - 14.5	32.5 - 33
M	38 - 40	32 - 34	15 - 15.5	33.5 - 34
L	42 - 44	36 - 38	16 - 16.5	34.5 - 35
XL	46 - 48	40 - 42	17 - 17.5	35 - 35.5
2XL	50 - 52	44 - 46	18 - 18.5	35.5 - 36
3XL	54 - 56	48 - 50	19 - 19.5	36 - 36.5
4XL	58 - 60	52 - 54	20 - 20.5	36.5 - 37

LADIES

Size (inches)	Chest/Bust (inches)
S	34 - 35
M	36 - 37
L	38 - 40
XL	41 - 44
2XL	45 - 46

WHERE TO MEASURE

NECK

Measure around the base of your neck, inserting your forefinger between the tape and your neck to allow ease in fit.

CHEST

Measure around the fullest part of your chest, keeping tape firmly under your armpits and around your shoulder blades.

WAIST

Measure around your waist, slightly below your natural waist, where you normally wear your pants. Insert your forefinger between the tape and your body to allow ease in fit.

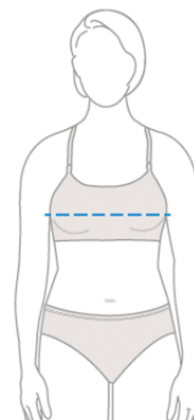
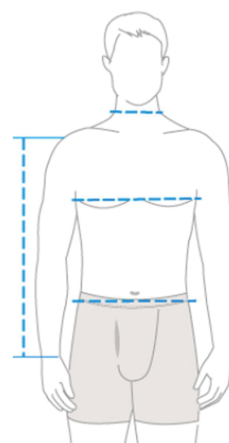
SLEEVE

Bend your arm slightly. Measure from center back neck, across your shoulder, down to your elbow, down to your wrist.

Tip: For the most accurate results, measure yourself in your undergarments.

BETWEEN SIZES?

If your measurements are in between those listed in the size chart, pick the next larger size.



ADULT/UNISEX shirt: Athletic Fit: Slightly Fitted in the Chest
LADIES shirt: Slim Fit: Fitted, Cuts Closer To The Body (Size Up For Loose Fit).