

## Course Notes

There are 3 sections that make up the cross country course this year down at Asessippi.

- Bunny Loop
- River Loop
- Cabin Loop

All races begin at the **Bunny Loop** and work there way down to the **River Loop**

- *Varsity boys* will do the **River Loop** twice before making there way to the **Cabin Loop**
- *Varsity girls* and *JV Boys* will do the **River Loop** twice then head back up the hill towards the chalet to finish their race
  - No **Cabin loop** for *Varsity Girls* and *JV Boys*
- *JV Girls* will do one **River Loop** then make there way to the **Cabin Loop**

If there are any questions or concerns before the race day please feel free to contact Jay Thiesen @ 204-821-4889 or [jthiesen@pwsd.ca](mailto:jthiesen@pwsd.ca).