



Media Release

For Immediate Release – March 14, 2023

2023 Dairy Farmers of Manitoba AAAA Provincial Basketball Final Four Set

March madness has made its way to Winnipeg as the 2023 Dairy Farmers of Manitoba AAAA Provincial Basketball Final Four have been set.

Four girls and four boys high school basketball teams will be vying for the right to call themselves Provincial Basketball Champions over the next week.

Participating teams on the girls side include the Dakota Lancers, Garden City Gophers, Sisler Spartans, and Vincent Massey Trojans.

On the boys side, the Garden City Gophers, St. Paul's Crusaders, Sturgeon Heights Huskies, and the Vincent Massey Trojans.

Action for all games will take place at the Investors Group Athletic Centre at the University of Manitoba. Semi-final action begins this Thursday, March 16 with the boys semi-finals taking place at 6:00 and 8:00pm. The girls semi-final action takes place on Friday at 6:00 and 8:00pm. The Championship finals gets underway on Monday, March 20 with the girls game at 6pm and the boys beginning at 8pm.

The Dakota Lancers are the defending AAAA Girls Provincial Champions and the St. Paul's Crusaders were the 2021 AAAA Boys Provincial Basketball Champions.

The Dairy Farmers of Manitoba are proud to support this event as title sponsor for the 36th consecutive year.

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For further information contact:

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2023 Dairy Farmers of Manitoba AAAA Provincial Basketball Championships

FINAL FOUR

Investors Group Athletic Centre, University of Manitoba
March 16, 17 & 20, 2023

SCHEDULE

Thursday, March 16	BOYS SEMI-FINALS	UNIVERSITY OF MANITOBA	
6:00 pm	Sturgeon Heights Huskies	vs	Vincent Massey Trojans
8:00 pm	Garden City Gophers	vs	St. Paul's Crusaders

Friday, March 17	GIRLS SEMI-FINALS	UNIVERSITY OF MANITOBA	
6:00 pm	Dakota Lancers	vs	Sisler Spartans
8:00 pm	Garden City Gophers	vs	Vincent Massey Trojans

Monday, March 20	CHAMPIONSHIP FINALS	UNIVERSITY OF MANITOBA	
6:00 pm	GIRLS CHAMPIONSHIP FINAL		
8:00 pm	BOYS CHAMPIONSHIP FINAL		

2023 Dairy Farmers of Manitoba AAAA Provincial Basketball Championships

Team Profiles (Girls)

Dakota Lancers (1)

Team Colours: Yellow/Black **League won/lost record:** 8-0 **Overall record:** 21-2

Tournament record: 1st – Pembina Trails, 1st – Piper Classic, 1st – St. Vital, 2nd – Tri Prov, 2nd – LIT

Coach: Eric Sung

School #: 204-256-4366

Years Coaching: 18

Provincial Championships record: 2022 – 1st

Players to Look For:

Kyu Fust: 5'10", Guard, elite defender and quick first step.

Abby Sweeny: 5'6", Point Guard, high motor and dynamic at getting to the rim.

Izzi Fust: 6'1", Point Forward, strengths: rebounding and creating offense.

Describe your team and what type of game they play:

Lancers are a well-balanced team that pride themselves on the defensive end. The group enjoys playing up tempo with pace to create offensive opportunities.

VS

Sisler Spartans (5)

Team Colours: Red/Black/White **League won/lost record:** 6-4 **Overall record:** 17-11

Tournament record: 1st – Sisler Pre Season, 4th – Pembina Trails, 2nd – Sisler, 7th – St. Mary's, 2nd – Miles Mac

Coach: Michael Tan

School #: 204-589-8321

Years Coaching: 16

Provincial Championships record: 2022 – Final Four, 2019 – Quarterfinals, 2018 – First Round, 2017 – Final Four, 2016 – 1st, 2015 – 1st, 2014 – Finalist, 2013 – Final Four

Players to Look For:

Alyssa Doneza: 5'6", Guard, Dynamic first step, exceptional court vision and excellent shooting range.

Caytah Calixto-Vargas: 5'7", Guard, explosive first step with good shooting range.

Julienne Conchada: 5'8", Forward, dynamic athlete with good jumping ability and has a variety of different shots.

Describe your team and what type of game they play:

We try to be a defensive minded team picking up in the full court to be disruptive which will lead to transition baskets. We try to execute our offensive sets in the half court by shooting mid and long-range shots.

2023 Dairy Farmers of Manitoba AAAA Provincial Basketball Championships

Team Profiles (Girls)

Vincent Massey Trojans (2)

Team Colours: Green/White/Black **League won/lost record:** 11-0 **Overall record:** 25-3
Tournament record: 3rd – Pembina Trails, 3rd – St. Vital, 1st – Sisler, 1st – Miles Mac, 1st – Crocus Plains
Coach: Stacy Hawash **School #:** 204-453-8023
Years Coaching: 27

Provincial Championships record: 2022 – Quarterfinals, 2019 – Quarterfinals, 2018 – Finalist, 2017 – Finalist, 2016 – Finalist, 2015 – Semi Finals, 2014 – 1st, 2013 – Quarterfinals, 2012 – Quarterfinals, 2011 – Quarterfinals, 2010 – 1st, 2009 – 1st, 2008 – Semi Finals

Players to Look For:

Paige Schatkowsky: 5'10", Forward, offensive threat and smart, can play inside or out, leader on offense and defense, takes the team and sets the pace.

Erica Edwards: Guard, full of energy and intensity, able to change a game, can score and defend.

Laurn Wilson: 5'10", Forward, able to disrupt on defense with her length and score outside or take it to the hole.

Keara Howden: 5'9", Forward, tough player, defends hard and will take it to the hoop or pull up.

Describe your team and what type of game they play:

Up tempo – transition game – pressure defence.

VS

Garden City Gophers (3)

Team Colours: Yellow/Black **League won/lost record:** 10-0 **Overall record:** 18-1
Tournament record: 2nd – St. Vital Invitational, 1st – St. Mary's, 1st – Sturgeon Heights
Coach: Roberto Campanella Jr. **School #:** 204-339-2058
Years Coaching: 4

Provincial Championships record: 2022 – Quarterfinals

Players to Look For:

Halley Cruz: 5'7", Guard, elite shooter, great court vision.

Amira Lawrence: 5'10", Forward, elite finisher, soft touch around the rim.

Arriana Lawrence: 5'6", Guard, elite on ball defender, great slasher/cutter.

Describe your team and what type of game they play:

Constant off ball movement, solid team defence, unselfish, great ball movement, great shooting team, love to play out in transition.

2023 Dairy Farmers of Manitoba AAAA Provincial Basketball Championships

Team Profiles (Boys)

Sturgeon Heights Huskies (1)

Team Colours: Blue/White **League won/lost record:** 12-0 **Overall record:** 21-0
Tournament record: 1st – Miles Macdonell, 1st – Vincent Massey, 1st – H.I.T.2023
Coach: Stephen Tackie **School #:** 204-888-0684
Provincial Championships record: 2022 – ranked 9th, 2020 – ranked 1st, 2019 – ranked 4th

Players to Look For:

Noah Kankam: 6'3", Point Guard, best overall player this year, complete floor general, great at attacking the hoop and shooting, top notch rebounder and defender.

Sam Sola: 6'2", Guard, arguably best defensive player in the province, fantastic at moving without the ball, can score on drives and 3-point shots.

Elijah De La Mothe: 6'3", Guard, big time scorer, can hit the three and get to the hoop.

Joash Rocaberte: 5'10", Point Guard. pin-point passer, knock down shooter, the glue that keeps the offence clicking efficiently.

Describe your team and what type of game they play:

An experienced group, defence and defensive intensity are important to the team's style of play. Offensively the team moves the ball very well, and players make a point at getting into the key to create opportunities. We rely on our athleticism to help create opportunities to disrupt the others offence.

VS

Vincent Massey Trojans (5)

Team Colours: Green/White/Black **League won/lost record:** 6-3 **Overall record:** 19-7
Tournament record: 1st – BSSI, Consolation Champs – Bedford Road Invitational, 2nd – Trojan Classic, 2nd – Huskey Invitational
Coach: Marc Collier **School #:** 204-453-8023
Years Coaching: 14
Provincial Championships record: 2018 – 1st, 2017 – Finalists, 2016 – Final Four, 2015 – Quarterfinals

Players to Look For:

Chris Piotrowski: 6'1", Guard, offensive threat and smart, can breakdown with dribble and hit threes, leader on offence and defence, takes the team and sets the pace.

Jerry Ige: 6', Guard, lots of energy and Intensity, midrange specialist, fluid athlete.

Ellison Owawah: 6'4", Forward, able to disrupt on defence with length, alters and blocks shots above the rim, back to the basket scorer.

Brady Fay: 6", Wing, tough player, defends hard and will take it to the hoop or pull up.

Describe your team and what type of game they play:

Up tempo – halfcourt execution – pressure defence.

2023 Dairy Farmers of Manitoba AAAA Provincial Basketball Championships

Team Profiles (Boys)

St. Paul's Crusaders (2)

Team Colours: Maroon/White **League won/lost record:** 7-2 **Overall record:** 21-3

Tournament record: 1st – DMCI, 1st – Piper Classic, 4th – Western Canada (Kelowna),
1st – Nick Laping Memorial, 1st – St. Vital

Coach: Jeff Laping **School #:** 204-831-2309

Years Coaching: 24

Provincial Championships record: 2022 – 1st, 2019 – 2nd, 2018 – 1st, 2017 – 2nd, 2016 – Quarterfinals

Players to Look For:

Miguel Nitro: 6', Point Guard, makes plays on both offence and defence.

Giovanni Ajiamah: 6'2", Shooting Guard, uses his athleticism to score and defend.

Ramogi Nyagudi: 6'8", Forward, great rebounder, shot blocker, and finisher in transition.

Describe your team and what type of game they play:

VS

Garden City Gophers (3)

Team Colours: Black/Yellow/White **League won/lost record:** 10-0 **Overall record:** 27-3

Tournament record: 1st – Spartan Classic, Finalist – St. Paul's, 3rd – Piper Classic, 3rd – Trojans,
Finalist – Daniel McIntyre

Coach: Iggy Grinevsky **School #:** 204-339-2058

Years Coaching: 20

Provincial Championships record: 2021 – Final Four

Players to Look For:

Jakyri Babb

Paul Bocalan

Derian Castaneda

Describe your team and what type of game they play:

Gritty, smart offensive and defensive positional play, diverse shooters, and depth.

2022 Dairy Farmers of Manitoba AAAA Provincial Basketball Championships

GIRLS

CHAMPIONSHIP

Dakota over Westwood: 87-48

Semi-Finals

Dakota over Sisler: 67-42

Westwood over St. Mary's: 71-56

All-Stars

Raia Guinto – Sisler

Emilia Banmann – St. Mary's

Anna Miko – Westwood

Darya Rom – Dakota

Izzy Fust – Dakota

MVP

Kyu Fast - Dakota

Players Choice Award

Emilia Banmann – St. Mary's



BOYS

CHAMPIONSHIP

St. Paul's over John Taylor: 101-83

Semi-Finals

St. Paul's over Sisler: 115-61

John Taylor over Garden City: 87-69

All-Stars

Randale Capras – Garden City

Amrinder Bhandal – Sisler

Ryan Luke – John Taylor

Michael Uzonna – St. Paul's

Ramogi Nyagudi – St. Paul's

MVP

Lorence Dela Cruz – St. Paul's

Player Choice Award

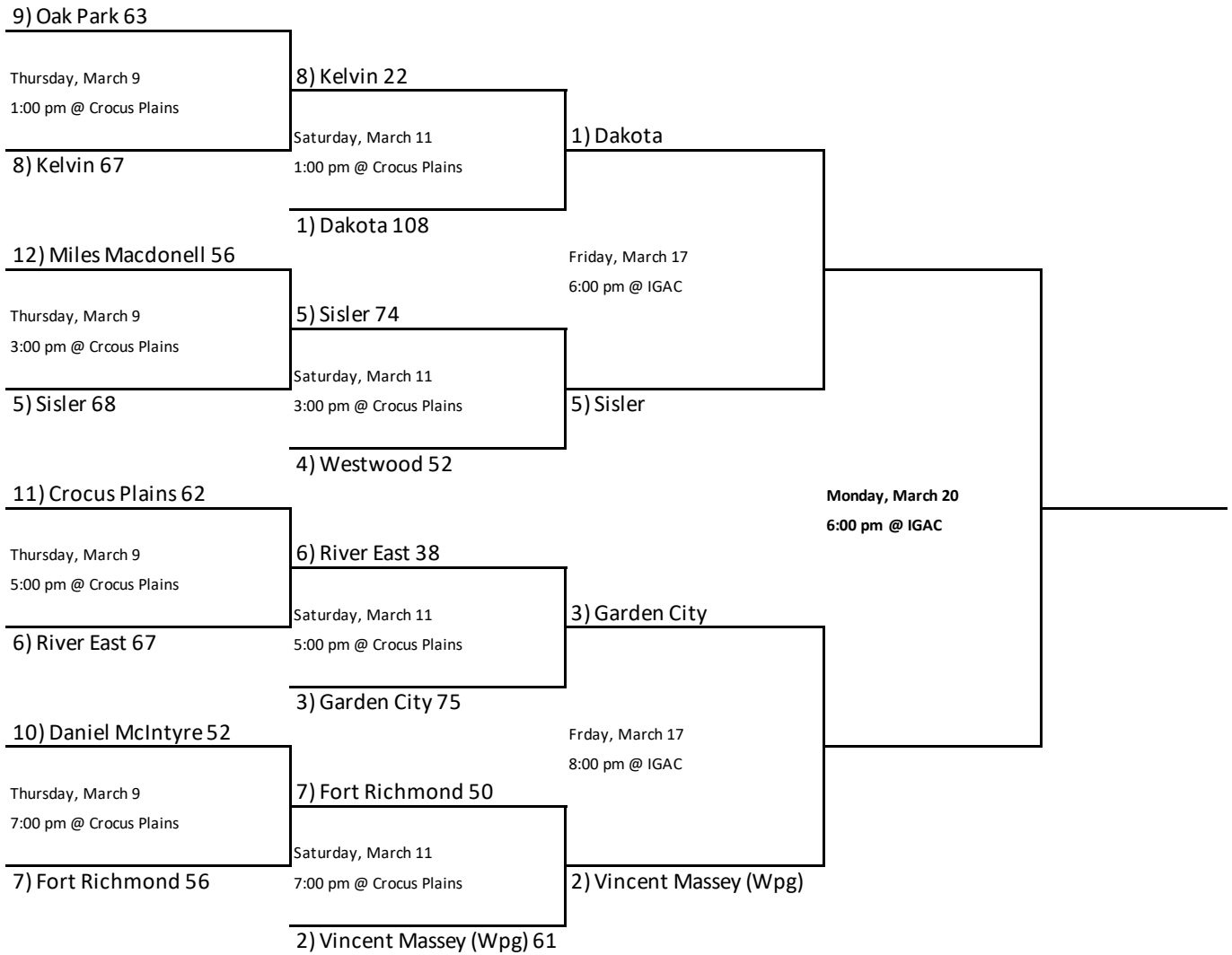
Chinonso Njelita – Dakota

Dairy Farmers of Manitoba AAAA Provincial Basketball Championships

March 9, 11, 17, & 20, 2023

Brandon & Winnipeg, MB

GIRLS



Dairy Farmers of Manitoba AAAA Provincial Basketball Championships

March 9, 11, 16, & 20, 2023

Brandon & Winnipeg, MB

BOYS

9) Daniel McIntyre 103

Thursday, March 9
1:00 pm @ VMHS

9) Daniel McIntyre 70

Saturday, March 11
1:00 pm @ VMHS

1) Sturgeon Heights

8) Maples 98

1) Sturgeon Heights 85

Thursday, March 16
6:00 pm @ IGAC

12) Vincent Massey (Bdn) 40

Thursday, March 9
3:00 pm @ VMHS

5) Vincent Massey (Wpg) 86

Saturday, March 11
3:00 pm @ VMHS

5) Vincent Massey (Wpg)

5) Vincent Massey (Wpg)

75

4) Churchill 59

11) Miles Macdonell 54

Thursday, March 9
5:00 pm @ VMHS

6) Dakota 69

Saturday, March 11
5:00 pm @ VMHS

3) Garden City

6) Dakota 84

3) Garden City 79

Thursday, March 16
8:00 pm @ IGAC

10) John Taylor 102

Thursday, March 9
7:00 pm @ VMHS

10) John Taylor 78

Saturday, March 11
7:30 pm @ VMHS

2) St. Paul's

7) Sisler 79

2) St. Paul's 118

Monday, March 20
8:00 pm @ IGAC



AAAA Classification Past Winners

Year	Boys	Girls
2021-2022	St. Paul's	Dakota
2020-2021	No Champion – Pandemic	No Champion – Pandemic
2019-2020	No Champion – Pandemic	No Champion – Pandemic
2018-2019	Vincent Massey	Oak Park
2017-2018	St. Paul's	Oak Park
2016-2017	Oak Park	Oak Park
2015-2016	John Taylor	Sisler
2014-2015	Oak Park	Sisler
2013-2014	St. Paul's	Vincent Massey (Wpg)
2012-2013	Garden City	Oak Park
2011-2012	Garden City	Glenlawn
2010-2011	Oak Park	River East
2009-2010	Oak Park	Vincent Massey (Wpg)
2008-09	Garden City	Vincent Massey (Wpg)
2007-08	Garden City	Crocus Plains
2006-07	Oak Park	Fort Richmond
2005-06	Sisler	Glenlawn
2004-05	College Jeanne Sauvé	John Taylor
2003-04	Glenlawn	Oak Park
2002-03	River East	Vincent Massey (Wpg)
2001-02	Dakota	Glenlawn
2000-01	Daniel McIntyre	Glenlawn
1999-2000	Miles Macdonell	Glenlawn
1998-99	Kelvin	Oak Park
1997-98	College Jeanne Sauvé	Oak Park
1996-97	Miles Macdonell	River East
1995-96	John Taylor	Glenlawn
1994-95	River East	St. John's
1993-94	Shaftesbury	John Taylor
1992-93	Shaftesbury	Kelvin
1991-92	Daniel McIntyre	Glenlawn

1990-91	Tec Voc	Dakota
1989-90	Kildonan East	Dakota
1988-89	Oak Park	Glenlawn
1987-88	Daniel McIntyre	Vincent Massey (Winnipeg)
1986-87	Vincent Massey (Brandon)	Vincent Massey (Winnipeg)
1985-86	Tec Voc	Vincent Massey (Brandon)
1984-85	Tec Voc	Vincent Massey (Brandon)
1983-84	Westwood	Dakota
1982-83	Daniel McIntyre	Vincent Massey (Winnipeg)
1981-82	Westwood	River East
1980-81	Gordon Bell	Vincent Massey (Winnipeg)
1979-80	Dakota	Daniel McIntyre
1978-79	St. John's	Dakota
1977-78	Fort Richmond	River East
1976-77	Dakota	Dakota
1975-76	Daniel McIntyre	Dakota
1974-75	Dakota	Vincent Massey (Brandon)
1973-74	Dakota	Westwood
1972-73	Sisler	Vincent Massey (Winnipeg)
1971-72	Miles Macdonell	Vincent Massey (Winnipeg)
1970-71	Miles Macdonell	John Taylor
1969-70	Dakota	Dakota

